



## Healing for Hurting Heart course

**Starting Thursday 27<sup>th</sup> October 7.30 – 9pm for 6 weeks, via zoom\***

Join with a group of people from across the area for this Healing for Hurting Hearts course. This is for men and women of all ages who have gone through difficult life experiences or for those who would like to be a better friend within or without the church.

For more information or to sign up contact Anne Sikorski email:  
asikorski@churchofscotland.org.uk or phone: 07426 776415

*\*If you would like to do this course but do not have zoom or internet access, please contact us and we will do our best to make alternative arrangements.*